



YOGA VILLAGE

E-mail : contact@yogavillageparis.fr

Phone : +33 6 09 68 04 97



PROGRAM

Date	Time	Activity
Sunday 12 th	14-18pm	Arrival from Paris & US Transfer Mexico city Airport to Malinalco Accommodation + Property visit and Welcome.
Monday 13th	13 - 15 pm	Open JIVA inspired on Primary Series
Tuesday 14th	8-10am 4pm	Open Jiva inspired on Primary Series Workshop on Mana - Asana Lab
Wednesday 15th	8-10am 4pm	Open Jiva inspired on Primary Series Workshop on Ahamkara - Asana Lab
Thursday 16th	8-10am 4pm	Open Jiva inspired on Primary Series Workshop on Buddhi - Open Jivamukti - temazcal sweatlodge
Friday 17th	8-10am Afternoon	Open Jiva inspired on Primary Series Free Afternoon / Temazcal o Excursion to the village / Malinalco Pyramid
Saturday 18th	13pm	Tranfert Malinalco to Mexico city Airport